



As part of this enhanced postnatal care service, there is an opportunity to ring a postnatal hotline and speak to a midwife on the Postnatal Hub Team.

The hotline will be available Monday - Friday
10am - 12 midday on 086 1649529.

For routine queries outside of these hours please contact the maternity ward on 0719174608.

For urgent queries or emergencies please contact your GP/Maternity ward or A and E Department.

We look forward to welcoming you and your baby to the postnatal Hub.

Please contact us on the hotline number if you are unable to attend .

Our Midwifery staff are skilled and experienced in postnatal Care and will endeavour to have the best experience and outcome for you and your baby.

Karlene Kearns


Clinical Midwife Manager
Community Postnatal Service

Enhanced Postnatal Service Postnatal Community Hubs

Maternity Services
Sligo University Hospital



At Sligo University Hospital we recognise the importance of the postnatal period as one of great significance in the lives of women, babies and families. Effective and evidence – based postnatal care has been shown to enhance the maternity care experience for women and to identify women who potentially need additional supports as they navigate their Postnatal Journey.



The overall aim of our service is to promote the physical, psychological and psychosocial wellbeing of mum and baby in the postnatal period.

Following the birth of your baby all relevant postnatal discharge advice will be provided by a midwife on the postnatal ward.

At the time of discharge you will be given an appointment for both you and your baby to attend a postnatal hub clinic. This appointment will be between day 8 and day 20 following your discharge. The hub location will be at a hub located nearest to your home.

This service is in addition to the postnatal care provided by your Public Health Nurse.

A member of the postnatal hub team will contact you prior to your appointment to ensure all is going well in your first few days following discharge and to ascertain if your date and time of appointment for the postnatal hub clinic is suitable.

At your appointment you will be seen by a Midwife from Sligo University Hospital. They will undertake a full postnatal assessment of you and your baby, to ensure you are recovering well from the birth, both physically and emotionally. The general wellbeing of your baby will also be assessed. This visit will give you an opportunity to reflect on your birth experience if you so wish. You will be given an opportunity to discuss any queries or concerns you may have as you embark on your parenting journey.

Following on from this appointment some women may require additional support. These additional appointments, if required, will be discussed with you and organised from the postnatal hub.

